

Capernaum Young Life  
111 N. Greenville Ave. Ste. G  
Allen, TX 75002  
214-364-5800

Dear Parents,

In order to prepare for the best week of your child's life we need to do a few things. The following page is a checklist for camp. Please read carefully to ensure that everything goes smoothly.

### **Paper Work**

1. Fill out the **Health, Consent and Release form and mail it back to the address on the corner of this page.** Your child will not be able to attend without this form. You can fill out the front side of this sheet. A doctor's signature is **NOT** required for the health form since we are going to camp in North Carolina. Parents need to sign the back page **7 times.**
2. Make a copy of your child's insurance and Medicaid/care card and mail it to me.
3. Fill out the medication sheet and mail it to me (please be detailed and thorough with this). **Please put all medications in a day by day pill box and put it in a ziplock bag with you child's name on it and give it to a leader at the bus.** Do not put medications in your child's suitcase even if they self medicate.
4. Please fill out the **Parental or Guardian Interview Form** and mail it to me.
5. Please send in your remaining balance. The total cost of camp is \$750 (or \$600 if you've already paid the \$150 deposit).

**Please complete steps one through five and send to the Young Life office by JUNE 1st.**

\*\*There is a great camp store and snack shop; so if you would like to send some extra money with your child (\$15-50), please place it in a zip lock bag with name and amount written on outside and give it to a leader at the bus.\*\*

\*\*If you have not paid in full please do this **by June 1st.** We need to focus on campers at the bus, not forms and checks.\*\*

## Packing

We have lots of fun activities at camp so you will need to pack more clothes than your child will need in an average week. In fact, it is best to pack more clothes than you actually need. It's always better to have too much. The temperature will be in the 80-90's during the day and 70's at night, so a variety of clothes is necessary. Your child will only need one "western" outfit and the other clothes can be "play" clothes. It is much easier for us if you can **pack each day's outfit (labeled with name) into a Ziploc bag with the shirt, shorts and underwear pre-packed.** Here are the bare necessities for camp:

- 1 pairs of jeans or pants
  - 5-6 pair of shorts
  - 6 to 8 t-shirts
  - 1 red or green t-shirt
  - comfortable and sturdy walking shoes (closed-toe)
  - a swimsuit
  - a clearly marked extra towel
  - one rain jacket
  - one jacket or sweatshirt
  - 6 pair of underwear and socks
  - hat
  - flip flops
  - a pair of "messy" clothes and shoes that may get thrown away
  - "Western" outfit
  - "Nice" outfit (think church clothes)
  - Sunscreen/ sunglasses
  - Toiletries
  - Spending money for meals on the way to and from camp
  - Refillable water bottle with your child's name on it
- \*\*have daily outfits pre-packed in big ziplock bags**
- **You will not need: snacks, bedding.**

## Miscellaneous

1. Your child is free to bring head phones or iPods for the bus ride, but the camp does not allow them to have these things while we are there. So please let them know that these items will be collected before we arrive at Carolina Point and returned when we leave camp.

**Please leave cell phones at home. They will have spotty service at camp and if you need to reach us you can call the camp or my cell phone.**

2. We will be very active at camp. Please have your child do moderate exercise and get used to walking prior to camp.

3. If you would like to send your child mail while at camp, here is the address:

**Carolina Point**

4000 Glady Fork Rd  
Brevard, NC 28712

4. In case of an *emergency* you can contact us at:

Phone: 828- 877-6233 – camp office

(214) 364-5800-Chris' Cell Number

Thank you,

Chris Trevathan